

fresh news

Your handpicked fruit & veg newsletter

MEAT DELIVERIED

As of Friday 23rd October Sally & Patrick's will start delivering fresh meat, chicken, lamb and pork. We received many requests for deliveries all through our current delivery area we have decided to cover most of them. In order to achieve this we will be delivering to each area fortnightly. The suburbs and schedule we will start with are as follows:

Week 1 –Vacy, Largs, Bolwarra, Lorn, Maitland, Telarah, Rutherford, Lochinvar, East Maitland, Metford

Week 2 –Paterson, Seaham, Raymond Terrace, Medowie, Woodberry, Tarro, Beresfield, Thornton

October 2009

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2009

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Orders need to be placed by Tuesday for delivery early Friday morning.

Payment is required when you place your order by either credit card or EFT.

Your fresh meat orders will be prepared Thursday evening by our 5th Generation country butchers. Packed to stay cool & protected your orders will be collected between 4-5am and delivered directly to your door using our own refrigerated van.

NB: meat deliveries cannot be left at your door for several hours if you are not going to be home.

If you leave for work early we will need to deliver to perhaps another address, neighbour or do you have a working refrigerator in the garage?

We anticipate the deliveries taking up to 5 hours (10am being the last delivery).

Save 15% to 20% with our selection of packs

Family Pack \$85

Leg Lamb or corned silverside
2kg large or thin sausages
2kg premium mince
2kg marinated chicken wings
1kg lamb fore quarter chops
1kg beef & bacon rissoles

Deluxe Pack \$115

1kg Scotch fillet steak
1kg lamb rumps
4 chicken Kiev or Cordon Bleu
2kg large or thin sausages
1kg chicken breast fillet
1kg Rump steak
1kg Bacon

Workers Pack \$65

1kg bacon
1kg lamb loin chops (curly tail)
1kg T-bone steak
1kg large or thin sausages
1kg pork loin chops

Economy Pack \$42

1kg mince
1kg large or thin sausages
1kg chicken wings marinated or plain
1kg rissoles
beef & bacon, veggie or plain
1kg BBQ steak

Sally & Patrick's
handpicked fruit & veg

Taste the freshness

Order a pack or choose exactly what you want! Delivery Friday Mornings

Beef

T-Bone	\$17.99kg
Boneless Sirloin	\$21.99kg
Eye Fillet	\$31.99kg
Scotch Fillet	\$28.99kg
Topside Steak	\$12.99kg
X-Cut Blade	\$12.99kg
Boneless Blade	\$13.99kg
Rump Steak	\$18.99kg
Marinated Steak (Rump)	\$15.99kg
Pepper Steak (Rump)	\$15.99kg
Garlic Steak (Rump)	\$15.99kg
Round Steak	\$14.99kg
BBQ Steak	\$12.99kg
Crumbed Steak	\$11.99kg
Steakettes	\$11.99kg
Chuck Steak Diced	\$9.99kg
Shin On Bone (Osso Bucco)	\$9.99kg
Beef Rolled Roast	\$13.99kg
Topside Roast	\$12.99kg
Bolar Blade Roast	\$13.99kg
Fresh Silverside	\$12.99kg
Corned Silverside	\$12.99kg

Beef Stir-fry Strips	\$12.99kg
Beef Stir-fry Marinated Plain Rissoles	\$15.99kg
Veggie Rissoles	\$9.99kg
Beef & Bacon Rissoles	\$10.99kg
Large & Thin Sausages	\$9.99kg
Premium Mince	\$9.99kg

Lamb

Fore Quarter Chops	\$12.99kg
Lamb Loin Chops (Curly Tail)	\$16.99kg
Honey Soy Lamb Chops	\$12.99kg
Chump Chops	\$13.99kg
Lamb Cutlets - Plain	\$2.50ea
Lamb Rumps	\$19.99kg
Lamb Ribs	\$4.99kg
Legs Lamb	\$12.99kg
Lamb Shanks	\$3.50ea
Diced Lamb	\$16.99kg
Lambs Fry	\$3.50ea

Pork

Pork Loin Chops	\$17.99kg
Pork Spareribs	\$10.99kg
Pork USA Ribs	\$24.99kg
Boned Leg Pork	\$12.99kg
Rolled Loin Pork	\$15.99kg
Pork Fillet	\$24.99kg
Pork Mince	\$12.99kg
Pork Schnitzel	\$16.99kg
Pork Sausages	\$12.99kg
Middle Cut Bacon	\$14.99kg

Chicken

Breast Fillets	\$14.99kg
Thigh Fillet	\$12.99kg
Tenderloin	\$14.99kg
Chicken Legs	\$7.99kg
Chicken Wings - Plain	\$5.99kg
Chicken Wings - Marinated	\$5.99kg
Whole Fresh Free Range Chickens	\$14.00ea
Chicken Necks	\$4.99kg
Chicken Schnitzel	\$14.99kg
Marinated Chicken	\$15.99kg
Chicken Kiev (Garlic Butter)	\$5.00ea
Chicken Cordon Bleu (Ham & Cheese)	\$5.00ea
Chicken Rissoles	\$11.99kg
Chicken Wraps	\$16.99kg
Chicken Stir-fry Inc Marinade	\$15.99kg

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