

# fresh news

Your handpicked fruit & veg newsletter

October 2008

## NEW PRODUCTS!

### Welcome The Chilli Factory!

We have a new product to compliment our range, The Chilli Factory sauces. Our family loves them because they taste so great and in line with our business are fresh, natural ingredients. All bottles cost only \$6.50. We love the 'Todd River Dust' - a nice mild chilli sauce. Simons' (He delivers to some of you) family favourite is the 'Funnelweb Bite'. The sauces have interesting names and are all rated as to how hot they are. Everyone who tries them is hooked. We have included their recipe book which has all the sauces on the last page. I will place the first order on 31<sup>st</sup> October so don't delay - let me know straight away. Once we see the response we hopefully will carry the sauces all the time and you will just have to send me an email or phone to have a bottle added to your delivery.

### Did you know?

1. Christmas is 8 weeks away.
2. That you don't need to receive items you are not using. Just phone or email and I can adjust the quantities to suit. Whether that is just for one week or a regular change.
3. We are now delivering fruit to work on a Monday. So tell your boss or if you're the boss tell yourself. Boxes start at \$30 and are suited to the work place.

### SEASONAL UPDATE...

The weather is changing and so to is the produce. Mandarins and Pears have come to an end for this season. Stone fruit is coming in but still a bit expensive. Price will drop as they become more plentiful. Clients have been asking for Watermelon and Grapes, just be patient a little longer. Trust us you don't want Watermelon until it tastes great and you need new season Grapes, not ones from overseas.

### RECIPE CORNER

Our newsletter will now have a tried and tested family recipe each edition. If you have a family secret which you can share with us let me know. If we use your recipe your delivery will be FREE for one week. (the week the newsletter goes out) The recipe must be easy, a winner with your family and contain fruits or vegetables.

A simple one to begin with which I was given.

#### Avocado Dip

- 1 avocado
- ½ lemon juice
- 1 tablespoon of "Todd River Dust" chilli sauce
- ¾ tub sour cream.

Mix all the ingredients together and there you have your own dip free of any preservatives and unknown products.

#### OUR WEBSITE

[www.sallynpatricks.com.au](http://www.sallynpatricks.com.au) is being upgraded and will be down for possibly a few weeks. We will only have one page up. You are still able to email me as normal.

*Sally & Patrick's*  
handpicked fruit & veg

*Taste the freshness*

Our next edition of Fresh News will be out by the end of November informing you of all the delivery dates and choices for Christmas.

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